

WFH? MORE LIKE WTF...

A HOME OFFICE REALITY CHECK

1

ADVICE:
Find a quiet, dedicated workspace.

REALITY:
This kitchen chair is killing my back.



ADVICE:
Dress for work to get into a professional mindset.

2

REALITY:
Button-up shirt up top, sweatpants party down below.



3

ADVICE:
Go for a walk and get some exercise.

REALITY:
Bladder exercise waiting to take a bathroom break while simultaneously working and monitoring kids.



4

ADVICE:
Use video conferencing and check in with your team regularly.

REALITY:
Calendar overflowing with appointments for virtual cocktails and "check-ins". Productive output? Sobering.



5

ADVICE:
Use virtual video chat backgrounds to show creativity and spirit.

REALITY:
Your vacation backdrops are crushing spirits.



6

ADVICE:
Use planners and make to-do lists.

REALITY:
I previously worked productively in an office, so yeah, thanks for this mind-blowing insight.

